

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: ZS

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Meyers Sepp HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 16: 100M FREESTYLE MEN				Heat:9, starttime: 09:25	
Heat: 9/10 Lane : 3 Athlete: LAUREYSSSENS DANIEL				Q-time: 00:50:70	
PB (50m pool): 00:50.70 Antwerpen 27/04/2025				PB (25m pool): 00:49.07 SB: 00:51.52 Wezenberg 03/01/2026	
	5 0 M	1 0 0 M			
PB	00:24.11	00:50.70			
	00:24.11	00:26.59			
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN				Heat:5, starttime: 09:37	
Heat: 5/8 Lane : 6 Athlete: VAN OSTA NOMI				Q-time: 01:18:09	
PB (50m pool): 01:17.45 ANTWERPEN 30/07/2023				PB (25m pool): 01:15.39 SB: 01:20.09 Aalst 26/04/2026	
	5 0 M	1 0 0 M			
PB	no time	01:17.45			
	no time				
					

Coach feedback:

Event number: 18: 200M BUTTERFLY MEN				Heat:2, starttime: 09:48	
Heat: 2/4 Lane : 5 Athlete: LAUREYSSSENS LUKAS				Q-time: 02:07:70	
PB (50m pool): 02:07.70 Antwerpen 27/07/2025				PB (25m pool): 02:09.32 SB: 02:14.42 Wezenberg 01/02/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:28.10	01:00.39	01:33.79	02:07.70	
	00:28.10	00:32.29	00:33.40	00:33.91	
					

Coach feedback: